

Summer adventure in Austria's largest National Park – National Park Hohe Tauern

The National Park Hohe Tauern is the biggest internationally recognized protected area of the Alps. The wilderness of the Hohe Tauern offers the visitor unique possibilities to experience Austria's summer in the Eastern Alps. A skilled team of park rangers will guide you, offering insights into the nature and beauty of the Hohe Tauern.



General Information:

The excursion fees include the costs for your guide. Fees for transport, toll, cable cars, etc. for some tours are listed separately and are to be paid in addition to the excursion fees. Excursions which are reachable by public transport (public bus or the local train) are marked with the respective symbol. Our starting times and times of return are timed accordingly.

Please bring good and sturdy shoes as well as good hiking gear, sun glasses as well as snacks and enough to drink. The park administration reserves the right to cancel excursions in case of dangerous weather conditions or other alpine risks.

To sign up:

Nationalpark Administration Hohe Tauern

Tel. +43 (0) 6562 / 40849-34

Email: nationalpark@salzburg.gv.at or also via our website www.hohetauern.at

Also the visitor information offices of the region are happy to help and inform you.

Please make sure that you ask for an English speaking guide as not all of our park rangers are fluent in English. As such, you need to sign up a week ahead of the here listed sign up dates so we can arrange a guide.

Special rates for visitors: The excursions (not including the special tours) are free of charge for visitors of the Holiday Region National Park Hohe Tauern or visitors with the Gastein Card. Expenses for taxi, lifts, etc. have to be paid separately.

Level of challenge:

For picking your preferred tour we have rated our excursions. There are three levels – easy, medium and challenging - symbolizing the difficulty/physical challenge of the tours.

Easy - These excursions are tours without climbing steep hillsides and lead along wide hiking paths/forest roads. Running shoes or light trekking boots are sufficient for these tours in dry weather conditions. Maximum number of participants: 20 persons.

Medium - The destinations of these tours are above the valleys of the park/often above the tree-line. Excursions lead along hiking trails. Sturdy hiking boots with a good profile are necessary. Maximum number of participants: 15 persons.

Challenging - These excursions lead above the tree line. The destinations of these tours are only reachable on steeper tracks. Sturdy hiking boots with a good profile are a necessity and you will have to be in good physical condition. Maximum number of participants: 15 persons.


Ask our rangers for more information!

Every Monday between the 11th of July and the 5th of September 2011 our park rangers are happy to help you with information about the park, possible tours and excursions. Or get some advice at the Information huts (12th July – 11th September) located at the entries to the National Park valleys.

Where and when:

Krimml (Tourism Office)	8:30 - 11:00
Wald (Tourism Office)	10:30 - 12:00
Neukirchen (Tourism Office)	9:00 - 11:30
Bramberg (Tourism Office)	9:00 - 11:30
Hollersbach (Tourism Office)	10:30 - 12:00
Mittersill (Tourism Office)	9:00 - 10:15
Uttendorf (Tourism Office)	9:00 - 12:00
Bruck (Tourism Office)	10:30 - 12:00
Fusch (Tourism Office)	8:30 - 10:15
Rauris (Tourism Office)	9:00 - 12:00
Bad Hofgastein (Tourism Office)	9:00 - 12:00
Bad Gastein (Tourism Office)	14:00 - 17:00
Hüttschlag (Parking lot Stockham/Talwirt)	9:30 - 12:00

We wish you a memorable stay!

MONDAY

The ancient forest of Rauris

An ancient forest with fallen down trees, boggy tarns and glades is a rarity. In the middle of traditionally cultivated meadows you will find this special treasure of the National Park. This guided excursion is an ideal introduction for further hikes in the National Park.

Rauris: every Monday from the 11th July to the 12th September 2011

Meeting point: 1:15 a.m. car park Lenzanger (appr. return time 5 p.m.)

To sign up: until the day of the excursion (12:00 noon by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Rauris tourism office Tel. +43 (0) 6544 / 200 22

Costs: €6,- per person, €4,- for kids under the age of 14

Level: medium, adequate for children from the age of 6.


Wildlife Watching

In case of good weather and with a little luck we will be able to observe the typical wildlife of the Hohe Tauern, Chamois, red deer, marmots, eagles and others. The park ranger also explains the ecology and characteristics of the animals' habitats.

Mittersill: every Monday from the 11th July to the 19th September 2011

Meeting point: 6 p.m. car park Hintersee (appr. return time 8 p.m.)

To sign up: until the day of the excursion (12:00 noon by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Mittersill tourism office +43 (0) 6562 / 4292

Costs: €6,- per person, €4,- for children until the age of 14

Level: easy, adequate for children from the age of 8.


Hiking the emerald path

This National Park hike leads along the emerald path into the Habach Valley, one of the world's finest locations for emeralds. The park ranger is happy to give advice for further hiking options.

Bramberg: every Monday from the 11th July to the 19th September 2011

Meeting point: 12:45 p.m. car park of the Habach Valley

(appr. return time 5:00 p.m.)

To sign up: until the day of the excursion (12:00 noon by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Bramberg tourism office +43 (0) 6566 / 7251

Costs: €6,- per person, €4,- for children until the age of 14.

Taxi costs to return to the Habach car park €8,- per Person.

Level: medium, adequate for children from the age of 6.


Hüttschlag's top of the valley

This part of the valley is one of the parks most pristine forest areas. With a park ranger you will explore the surroundings and find out more about the area.

Großarl/Hüttschlag: every Monday from the 11th July until the 12th September 2011

Meeting point: 1 p.m. car park of the Talwirt (appr. return time 4:30 p.m.)

To sign up: till Monday (12:00 noon by the latest) at the park administration

Tel. +43 (0) 6562 / 40849-34 or the Großarl tourism office Tel. +43 (0) 6414 / 281

Costs: €6,- per person, €4,- for children until the age of 14

Tour: easy, adequate for children from the age of 6.





Dipper & Co

This is a hike for the whole family along the new renovated path by the creek into the Hollersbach valley. Along the path we see animals and plants at their natural habitat. Dippers diving for food, butterflies and insects, frogs and more, all of them like the coolness of the areas along the creek.

Hollersbach: every Monday from the 11th July until the 12th Sept. 2011

Meeting point: 1:00 p.m. car park of the Talwirt (appr. return time 5:00 p.m.)

To sign up:

until the day before the excursion (12:00 noon by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or the Mittersill tourism office Tel. +43 (0) 6562 / 4292

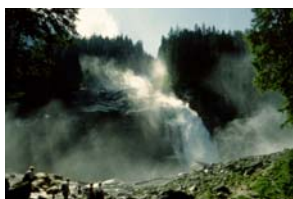
Costs:

€ 6,- per person, € 4,- for children until the age of 14

Level:

medium, adequate for children from the age of 6.

TUESDAY



Krimml waterfalls – “health falls”

The Krimml waterfalls are not only a natural spectacle but also – according to recent research – have healing powers due to their specific geological structure and size. The waterdrops, falling over three big steps ionize and because of this have a special healing effect on human lungs. Together with a ranger you will have the possibility to explore and test this effect.

Krimml: every Tuesday from the 17th Mai to the 4th Oktober 2011

Meeting point: 10 a.m. at the tourism office of Krimml (appr. return time 4 p.m.)

To sign up:

until the day before the excursion (4 p.m. by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Krimml tourism office Tel. +43 (0) 6564 / 7239

Costs:

€ 16,- per person (guided tour, health test, entrance fee waterfalls)

€ 7,- per person with guest card

sponsored by “Hohe Tauern Health”

Level:

medium, adequate for children from the age of 8, ascent 250 vertical metres



Pihapper – Top of Mittersill

The peak of the Pihapper (2513 m) towers above the northern Hohe Tauern above the mountain town Mittersill. The panoramic view from this peak is extraordinary, from the Dachstein in the east to the Karwendl in the north east and of course the famous Tauern peaks like Großglockner and Großvenediger. This is a tour for confident and fit mountain hikers. An experienced National Park ranger will accompany you.

Mittersill: every Tuesday from 12th July to the 6th September 2011

Meeting point: 8:00 a. m. at the Berghof in Hollersbach (appr. return time 6:00 p. m.)

To sign up:

until the day of the excursion (4 pm by the latest) at the park administration

Tel. +43 (0) 6562 / 40849-34 or the Mittersill tourism office Tel. +43 (0) 6562 / 4292

Costs:

€ 9,- per person, € 6,- for children under the age of 14

Level:

challenging, adequate for children from the age of 10, ascent 1300 vertical metres



National Park Detectives (Kids program)

Together with a park ranger you investigate the tracks of prominent animals that live in the park and learn about the trees of the forest. Make your own key ring out of wood. As a snack we have sausages.

Hollersbach: every Tuesday from the 12th July until the 5th Sept. 2011

Meeting point: 10:15 a.m. at the National Park “workshop” – Hollersbach (old stone-built farmhouse in the centre) (appr. return time 3 p.m.)

To sign up:

until the day before the excursion (4 p.m. by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34

Costs:

€ 6,- per child plus € 3,- for lunch and drinks. For children from the age of 6 – 12





Witches and magicians – the world of herbs

During this two hour guided tour through the herbal garden in Hollersbach you learn about the healing powers of herbs but also about poisonous effects and the traditional knowledge about herbs and their use.

Hollersbach: every Tuesday from the 31st Mai until the 13th Sept. 2011
Meeting point: 10 a.m. in front of the National Park Workshop *Klausnerhaus* (appr. return time 12.00 noon)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Mittersill tourism office +43 (0) 6562 / 4292

Costs: €5,- per person, €3,- for children under the age of 14

Level: easy, adequate for children from the age of 6



Magic waters

Water is the basis of life. Some secrets about this essential element in our lives are revealed along the "Water Experience Path". A special attraction is the path which also crosses the waterfall in a kind of cavern that leads you directly "behind" the falls. Finally the group reaches the bottom of the impressive South-Eastern face of the Hohe Tenn, where wildlife watching is also often at its best.

Fusch: every Tuesday from the 12th July until the 13th September 2011

Meeting point: 9:15 a.m. at the tollgate in Ferleiten, parking facilities by the tollgate car parks (appr. return time 4 p.m.)

To sign up: until the day before the excursion (by the latest 4 p.m.) at the park administration
Tel. +43 (0) 6562 / 40849-34 or the tourism office Großglockner Zellersee
Tel. +43 (0) 6545 / 7295 or +43 (0) 6546 / 666

Costs: €9,- per person, €6,- for children until the age of 14

Level: challenging, adequate for children from the age of 10, ascent 800 vertical metres.



Journey into the arctic

A hike from the tree line into the glaciated areas of the National Park Hohe Tauern resembles a journey covering several thousands of kilometres towards the North Pole. Between the peaks of the *Großglockner* range and the *Granatspitz* range you will cover several altitudinal belts that represent specific climates and ecological habitats for flora and fauna.

Uttendorf: every Tuesday from the 12th July until the 13th of Sept. 2011

Meeting point: 9:30 a.m. car park Enzingerboden, valley station of the Weißsee cable car or 10:00 a.m. at the Rudolfshütte

(appr. return time 4:00 p.m. Rudolfshütte or 4.30 p. m. Enzingerboden)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or Uttendorf tourism office Tel. +43 (0) 6563 / 8279

Costs: €9,- per person for adults, €6,- for children until the age of 14

Costs for the cable car ride to Rudolfshütte: with the guest card from the holiday region Hohe Tauern €18,- per person, €9,- for children until the age of 14 (€20 / €9,- without guest card)

Level: medium, adequate for children from the age of 8.





Into the valley of vultures

In 1986 the first breaded vultures were set free in the Kruml valley, initiating an European wide conservation programme that should enable this “king of the skies” to resettle in the Alps. Since 100 years it is the first time in 2010 that a vulture born in the wild circles again in Austria in the Kruml valley. With some luck we also might spot golden eagles and griffon vultures.

Rauris: every Tuesday from the 7th June until the 13th September 2011

Meeting point: 8:45 a.m. car park Kruml valley (appr. return time 4:00 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Rauris Tourism Office Tel. +43 (0) 6544 / 20022

Costs: €9,-- per person, €6,-- for kids under the age of 14

Level: medium, adequate for children from the age of 6.



Natural jewel “Reedsee”

This exceptional tour into the *Kötschach* valley heads to the calm *Reedsee* beautifully situated between the eastern peaks of the park. The ascent to the lake will take about 3,5 hours – from there the group will carry on to the *Palfner Scharte* (2.321m) and then descend to the top station of the Graukogel cable car which the group will use to make its way back to Bad Gastein.

Bad Gastein: every Tuesday from the 12th July to the 13th of

September 2011 Meeting point: 7:30 a.m. car park Graukogel cable car (appr. return time 5 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Bad Gastein tourism office
Tel. +43 (0) 6432 / 3393-560

Costs: €9,-- per person, €6,-- for children under the age of 14

€12,50 per adult for taxi and cable car ticket, €7,50 per child

Level: challenging, adequate for children from the age of 12, ascent 1200 vertical metres.



Hike through the upper Großarl valley

The upper Großarl valley offers a wide range of hiking destinations. The variety of plants and animals are unique in the National Park Hohe Tauern.

It is a tour worth making with a park ranger. **Hüttschlag:** every Tuesday from the 12th of July to the 13th Sept. 2011 Meeting point: will be announced upon registration To sign up: until the day before the excursion (by the latest 4 p.m.) at the park administration Tel. +43 (0) 6562 / 40849-34 or the

Großarl tourism office Tel. +43 (0) 6414 / 281

Costs: €9,-- per person, €6,-- for children until the age of 14

Level: challenging, adequate for children from the age of 8, ascent 900 vertical metres.



WEDNESDAY



Wild Gerlostal

A fantastic hike through the most western Tauern valley of the Nationalpark.

Depending on the conditions we hike to one Gerlos lake and have a rest at the Zittauer hut with a great view of the Reichenspitze and other 3000 metre high mountains, an impressive tour. **Krimml:** every Wednesday from the 13th July to the

14th September 2011 Meeting point: 9:00 a. m. car park Finkau Durlaßboden water reservoir (appr. return time 5:00 p. m.) Transport: For guests from Krimml and Wald the transfer to and from the car park Finkau can be organized. Please book at the tourist information offices.

To sign up: until the day before the excursion (by the latest 4 p. m.) at the park administration
Tel. +43 (0) 6562 / 40849-34 or the Krimml tourism office Tel. +43 (0) 6564 / 7239

Costs: €9,--per person, €6,-- for children until the age of 14

Level: challenging, adequate for children from the age of 8, ascent 900 vertical metres





Become friends with traditional domestic farm animals of the region

This family excursion leads into the *Obersulzbach* valley. Participants gain an insight into the versatile work of the local farmers who still use the outer zone of the National Park for traditional summer farming. Nature had time to adapt to these farming activities and the interaction has produced an abundant biological diversity that is vital to the areas importance in protecting many species – from bug to butterfly or specially adapted plants. Kids will have time to visit the tame rabbits, lambs, etc. at the *Berndalm*.

Neukirchen: every Wednesday from the 13th July to the 14th of September 2011

Meeting point: 10 a.m. at the Hopffeldboden car park (appr. return time 4 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Neukirchen tourism office Tel. +43(0)6565/6256

Costs: €9,- per person, €6,- for children under the age of 14

Level: medium, adequate for families with children from the age of 6, ascent 450 vertical metres



World of ice – glaciers then and now

Participants learn how the glaciers have formed and affected the valleys of the park in a prominent way which will become obvious in this tour. When conditions are good the group will hike towards the *Obersulzbach* glacier passing the former "Turkish camp", to the *Kürsinger-hut* over a steep hillside before descending through the *Klamml* (wire ropes along the steep track).

Neukirchen: every Wednesday from the 13th July until the 7th Sep. 2011

Meeting point: 7:30 a.m. car park Hopffeldboden (appr. return time 6 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Neukirchen tourism office
Tel. +43 (0) 6565 / 6256

Costs: €9,- per person, €6,- for children under the age of 14

Level: €20,- per person for the park taxi into and out of the *Obersulzbach* valley
challenging, adequate for children from the age of 8, ascent 560 vertical metres



Vulture Safari

An absolute highlight of the summer 2011 is the vulture release in the *Habach* valley. Together with experienced professional hunters and experts of the *Habach* valley we drive to the observation point. With some luck we might also see some other wildlife animals like marmot, chamois and red deer.

Bramberg: every Wednesday from 22nd Jun to the 21st September 2011

Meeting point: 4:00 p. m. car park *Habach* valley (appr. return time 7:30 p. m.)

To sign up: until the day before the excursion (4 p. m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Bramberg tourism office +43 (0) 6566 / 7251

Costs: €6,- per person, €4,- for children under the age of 14 (Minimum of 8 participants)

Transport: €5,- per person

Level: easy, adequate for children from the age of 6



Following old trading routes

This day trip crossing the *Tauern* on one of the oldest trading routes guarantees amazing scenic views of the *Großvenidiger* area. Learn about how local traders were crossing this massive mountain range on small trading routes leading over high passes. All the needed transport for this tour is organized. **Mittersill:** every Wednesday from the 13th July to the 14th of Sep.

2011 Meeting point: 6:30 a.m. at the National Park Center *Mittersill* (appr. return time 6.30 p. m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the *Mittersill* tourism office +43 (0) 6562 / 4292

Costs: €9,- per person, €6,- for children under the age of 14

Level: €22,- extra per person for taxi and toll returning from *Matrei*

Level: challenging, adequate for children from the age of 10, ascent 1180 vertical metres, descent 900 vertical metres

Crossing from Kaprun to Uttendorf – Kapruner Törl

This high alpine crossing is a highlight of the Glockner Group for confident hikers. First the group hikes along the water reservoir lake Moserboden and then along the glacier front ends up to the Kaprunertörl, the crossing into the Stubach valley. We will descent to the Tauernmoos water reservoir in direction Enzingerboden.

Kaprun: every Wednesday from the 13th July to the 14th September 2011

Meeting point: 7:30 a. m. train station Uttendorf, car park (appr. return time 4:30 p. m.)

Enzingerboden, return to train station Uttendorf by public bus)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Kaprun tourism office +43 (0) 6547 / 8080

Costs: €9,-- per person, €6 for children under the age of 14

Additional transport costs for public transport returning from the Enzingerboden to Uttendorf.

Costs for ascent €18,-- per person €11,-- for children under the age of 14, descent with Weißsee cable car €15,-- per person €6,50 for children under the age of 14.

Level: challenging, adequate for children from the age of 12, ascent 800 vertical metres.



Crossing from the Glocknerhaus to Ferleiten - Pfandscharte

We reach the Glocknerhaus, in the Carinthian part of the National Park Hohe Tauern, by bus. With a panoramic view of the Großglockner the rising path leads across ample alpine pastures, passing a mountain lake up to the Pfandscharte, the crossing. We can expect great views of the 3000 m high mountains of the Ferleiten valley and we descend via the Trauneralm, on the Salzburg side of the National Park. Return to the start point by Taxi.

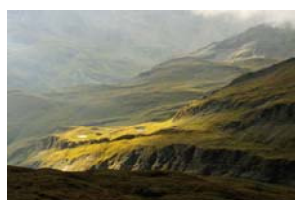
Fusch: every Wednesday from 13th July to the 14th September 2011

Meeting point: 9:30 a. m. at the tollgate in Ferleiten, parking facilities by the tollgate car parks (appr. return time 6 p.m)

To sign up: until the day before the excursion (4 p. m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Großglockner-Zellersee tourism office
+43 (0) 6545 / 7295 or +43 (0) 6546 / 666

Costs: €9,-- per person, €6,-- for children under the age of 14
Taxi costs about €15,-- per person

Level: challenging, adequate for children from the age of 8, ascent 500 vertical metres, descent 1100 vertical metres.



From the Elendboden into the Seidelwinkl valley

By bus, via the high alpine Großglockner road, we reach the Mittertörl, just before the border to the province of Carinthia. From the sparse, rocky pass the path leads us across gentle ground down towards the pastures of the Seidelwinkl valley, passing the historic Tauernhaus of Rauris. We return to Rauris by taxi.

Rauris: every Wednesday from the 13th July to the 14th September 2011

Meeting point: 8:30 a. m. at the Rauris tourism office (appr. return time 5:00 p. m.)

To sign up: until the day of the excursion (4 p. m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Rauris tourism office +43 (0) 6544 / 20022

Costs: €9,-- per person, €6,-- for children under the age of 14
Taxi costs about €27,-- per person

Level: medium, adequate for children from the age of 8, descent about 1250 vertical metres



Crossing the Hohe Tauern range on old roman paths

The *Mallnitzer Tauern* (Mallnitzer pass) was a historically important trading route of the Romans. The ranger will lead you along this former route and give you insights into the history of the traders as well as you will have the chance to watch wildlife and learn more about the Alp's biggest National Park. Return into the

Gastein valley by train. **Bad Gastein:** every Wednesday from the 13th July to the 14th Sep. 2011

Meeting point: 7:30 a.m. at the train station of Bad Gastein (appr. return time 6:30 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Bad Gastein Tourism Office
Tel. +43 (0) 6432 / 3393-560

Costs: €9,-- per person, €6,-- for children under the age of 14
€13,-- per person for taxi, toll and train

Level: challenging, adequate for children from the age of 8, ascent 850 vertical metres, descent 750 vertical metres



The Murtörl crossover

This crossover between the region Pongau and Lungau is one of the greatest Tauern crossings. By taxi participants get to the Stickler hut in Muhr. The path climbs first towards the origin of the river Mur, around lunch we reach the Murtörl – the crossover. After a rest we descend to the Kreealm and to the car park at the Talwirt in Hüttschlag.

Hüttschlag/Muhr: every Wednesday from 13th July to the 7th Sep. 2011

Meeting point: 6:30 a. m. at the information board by the car park of the Talwirt, Hüttschlag (appr. return time 5:00 p. m.)

To sign up: until the day before the excursion (4 p. m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Großarlal tourism office +43 (0) 6414 / 281

Costs: €9,-- per person, €6,-- for children under the age of 14 (Minimum of 5 participants)
Costs for taxi and toll €32,-- per person

Level: challenging, adequate for children from the age of 10, ascent 650 vertical metres, descent 1400 vertical metres

THURSDAY



Every day life at the alpine pastures

This day trip into the Krimml Valley delivers insight into the versatile work of the alpine pasture farmers. Accompanied by a National Park ranger you learn about the culture and the primal landscape of the National Park.

Krimml: every Thursday from the 14th July to the 8th of September 2011

Meeting point: 8:30 a.m. at Krimml tourism office (appr. return time 5 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Krimml tourism office
Tel. +43 (0) 6564 / 7239

Costs: €9,-- per person for adults, €6,-- for children until the age of 14
€15,-- per person for the taxi there and back

Level: easy, adequate for children from the age of 6



Adventure day at the blue lake

Together with a park ranger we find our own ways and paths through the forest around the blue lake. Today we will need all our senses – ever found your way through the forest blindfolded? Fun and games make hungry – we will make our own fire and barbecue something delicious.

Neukirchen: every Thursday from the 14th July to the 8th of September 2011

Meeting point: 10 a.m. Gasthof Siggen (appr. time of return 4 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562/40849-34 or at the Neukirchen tourism office Tel. +43 (0)6565/6256

Costs: €6,-- per child , €5,-- extra for lunch and power stone

Level: for children between 8 and 14 only

Additional the children have to bring their own drinks and an extra snack. Further requirements are a backpack, rain cloths, hat, sun cream, spare t-shirt and socks.



Peak challenge – on top of the main range

The “Larmkogel” is one of the “easy” 3.000 meter peaks. Without having to cross ice fields, this peak offers an extraordinary panoramic view. An early start with the valley taxi takes us into the Habach valley. The path climbs via the Moaralm and the Thüringer hut up to the Larmkogel ridge and to the peak. We descend on the other side of the ridge via the Fürther hut into the Hollersbach valley and return to Bramberg by taxi.

Bramberg/Hollersbach: every Thursday from 14th July to the 8th Sep. 2011

Meeting point: 6:45 a.m. at the Habach car park (appr. time of return 7 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Bramberg tourism office
Tel. +43 (0) 6565 / 7251

Costs: €9,-- per person, €6,-- for children under the age of 14

€20,-- per person for the taxi transfers

Level: challenging, adequate for children from the age of 12, ascent 1600 vertical metres, descent 1500 vertical metres

National Park workshop – working with herbs

To handle with local herbs there are a few things to consider. This little introduction helps the participants to learn how to create their own ointment and gain practical knowledge how to use herbs.

Hollersbach: every Thursday from the 2nd June to the 15th September 2011

Meeting point: 9:30 a. m. in front of the Klausnerhaus in Hollersbach (finish appr. 12.00)

To sign up: until the day before (4 p. m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Mittersill tourism office +43 (0) 6562/4292

Costs: €5,-- per person and €5,-- additional for material

Level: easy, adequate for children from the age of 10





On top of the Tauern

The peak of *Medelzkopf* (2.761m) is ideal for taking in the views of the main range. The peak itself is comparatively “easy” to climb – however, it requires good physical condition and hiking equipment. The tour is led by an experienced park ranger. **Uttendorf:** every Thursday from the 14th July to the 8th of Sept. 2011 Meeting point: 9:30 a.m. at Enzingerboden / bottom station of Weißsee cable car or 10 a.m. at Rudolfshütte (appr. return time 4:30 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Uttendorf Tourism Office Tel. +43 (0)6563/8279

Costs: €9,- per person, €6,- for children until the age of 14

Costs for the cable car ride to Rudolfshütte: with the guest card from the holiday region Hohe Tauern €18,- per person, €9,- for children until the age of 14
(€20 / €9,- without guest card)

Level: challenging, adequate for children from the age of 8, ascent 500 vertical metres, 5 hours walking time



Pioneer life of plants and insects - Karlingerkees

An enjoyable hike at the bottom of the mighty mountains of the Glockner group takes us to the upper Kapruner valley. Along at the front ends of the glacier, one of the most extreme habitat for plants and animals, we can see real pioneers. Participants will be amazed by the variety of alpine flora and insects. **Kaprun:** every Thursday from the 14th July to the 8th Sept. 2011 Meeting point: 10 a.m. at the National Park information hut at the dam

(appr. time of return 4:00 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Kaprun tourism office Tel. +43 (0) 6547 / 8080

Costs: €9,- per person, €6,- for children under the age of 14

€18,- for the cable car up to the dam for adults, €11 for children

Level: easy, adequate for children from the age of 8



Crossing the golden mountains

This tour is a great opportunity to cross over the range separating the Rauris and the Gastein valley. These mountains have been a centre of the “medieval gold rush”. The park ranger tells you about the myths and stories from passed times.

Bad Gastein: every Thursday from the 14th July to the 15th Sep. 2011

Meeting point: 7:30 a.m. train station Bad Gastein (appr. return time 6 p. m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
Tel. +43 (0) 6562 / 40849-34 or at the Bad Gastein tourism office

Tel. +43 (0) 6432 / 3393-560

Costs: €9,- per person, €6,- for children under the age of 14

Taxi costs €28,- per person

Level: challenging, adequate for children from the age of 8, ascent 600 vertical metres, descent 700 vertical metres



Calm mountain lake

This excursion takes you into the most Eastern part of the National Park leading through the diverse forests around the Karwasser lake – a pristine mountain lake with diverse flora and fauna.

Muhr (Lungau): every Thursday from the 14th July to the 8th of Sept. 2011

Meeting point: 8:30 a.m. at the Muhr tourism office (appr. time of return 4 p.m.)

To sign up: until the day before the excursion (by the latest 4 p.m.) at the park administration
Tel. +43 (0)6562/40849-34 or Muhr tourism office +43 (0)6479/801

Costs: €9,- per person, €6,- for children under the age of 14

Level: medium, adequate for children from the age of 8, ascent/descent 400 vertical metres

THURSDAY



Rainbach Valley

The hike leads from the Krimmler Tauernhaus along a waterfall into the Rainbach valley. We walk along old pine woods until we get higher into the alpine pastures where the view to the sharp ridges between the 3000 metre peaks of the Reichenspitze, Richterspitze and Spaten is clear.

Krimml: every Friday from the 15th July to the 16th September 2011

Meeting point: 8:30 a. m. at the Krimml tourism office (appr. return time 5:00 p. m.)

To sign up: until the day of the excursion (4 p. m. by the latest) at the park administration Tel. +43 (0)6562/40849-34 or at the Krimml tourism office Tel. +43 (0) 6564 / 7239

Costs: €9,- per person, €6,- for children under the age of 14

Taxi costs return about €15,- per person

Level: challenging, adequate for children from the age of 8, ascent/descent 800 vertical m.



A glance into the inside of the Tauern

A geological hike into the Untersulzbach valley provides an insight into the variety of rocks of the Hohe Tauern, the so called "Tauern Window" is world wide unique in its shape and size. The National Park show mine at the Hochfeld displays the different rock layers and the formation of the rocks, minerals and ores. **Neukirchen:** every Friday from the 15th July to the 9th

September 2011 Meeting point: 9:30 a. m. at the Schütthof Inn (appr. return time 4.00 p. m.)

To sign up: until the day of the excursion (4 p. m. by the latest) at the park administration Tel. +43 (0)6562/40849-34 or at the Neukirchen tourism office +43 (0) 6565 / 6256

Costs: €9,- per person, €6,- for children under the age of 14

Level: medium, adequate for children from the age of 6



Understand and see climate protection

Climate protection concerns us all. In 2010 a new educational path had been opened at the area of the Postalm. The energy saving concept of the house shows how active climate protection can be integrated in every day life. **Neukirchen:** 15. 7. 2011 and 29. 7. 2011, 12.8. 2011 and 26. 8. 2011

Meeting point: 9:00 a. m. at the car park Hopffeldboden (appr. return time 4:00 p. m.)

To sign up: until the day of the excursion (4 p. m. by the latest) at the park administration Tel. +43 (0)6562/40849-34 or at the Neukirchen tourism office +43 (0) 6565 / 6256

Costs: €9,- per person, €6 for children under the age of 14

Taxi costs single €8,-

Level: medium, adequate for children from the age of 8



A natural jewel – the ancient forest of the “Wiegenwald”

The “Wiegenwald” is a special gem in the National Park Hohe Tauern. A special combination of old Swiss stone pines and little bogs in an area not easy to reach, feature a sensitive ecosystem and a special place to visit together with your park ranger.

Uttendorf: every Friday from the 15th July to the 16th of Sept. 2011

Meeting point: 10:00 a.m. at the National Park signpost/map at the car park of the Enzingerboden (appr. time of return 4 p.m.)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration Tel. +43 (0) 6562 / 40849-34 or at the Uttendorf Tourism Office Tel. +43 (0) 6563/8279

Costs: €9,- per person for adults, €6,- for children until the age of 14

Level: challenging, adequate for children from the age of 8, ascent 250 vertical metres, steep



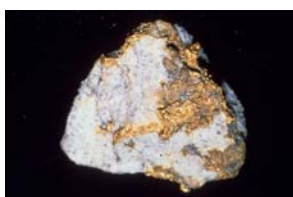


Great view from the Imbachhorn – crossover from Kaprun to Fusch

We go by taxi from Fusch to Kaprun. A challenging path climbs up along the eastern side of the Kaprun valley in direction Brandlscharte. The amazing view to the bowl of Zell and the northern limestone alps are just one highlight of the hard but worthwhile climb. After a rest at the Gleiwitzer hut we descend through an old sycamore and beech forest back to Fusch.

Fusch: every Friday from the 15th July to the 8th September 2011

- Meeting point: 6:30 a. m. car park Lamplhäusl (appr. return time 6.30 p. m.)
 To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
 Tel. +43 (0) 6562 / 40849-34 or at the Kaprun tourism office +43 (0) 6547 / 8080
 Costs: €9,- per person, €6,- for children under the age of 14
 Taxi costs about €7,- per person
 Level: challenging, adequate for children from the age of 12,
 ascent/descent 1460 vertical metres



Glaciers, gold and geology

The hike along the glacier path in Rauris provides a great insight into the formation of the Hohe Tauern and their glaciers. At the same time the area is rich in geological treasures like crystals and noble metal. With some luck we might find some little crystals along the way.

Rauris: every Friday from the 15th July to the 9th of Sept. 2011

Meeting point: 9:00 a.m. at the car park Lenzanger

- (appr. return time 5:00 p.m.)
 To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration
 Tel. +43 (0) 6562 / 40849-34 or at the Rauris tourism office Tel. +43 (0) 6544/200 22
 Costs: €9,- per person, €6,- for kids under the age of 14
 Level: challenging, adequate for children from the age of 8, ascent 800 vertical metres,
 Descent 1000 vertical metres



SPECIAL EXCURSIONS

Around the Dreierherrenspitze

Fantastic two days track with exceptional views of the western peaks of the National Park. Ascent from the *Innerkeesalm* to the *Birnlücke* (2665 m) and descent into the *Ahrntal* in South Tyrol. From *Trinkstein* the path climbs up through the *Windtal* to the *Lenkjochlhütte* (2589 m, stay for the night). On the next day we cross over the *Umbaltörl* (2928 m) and descent to the *Clarahütte* (2036). We pass the famous *Umbal* waterfalls and reach the *Hinterbichl*. From here we take the bus back to Krimml

Krimml: from the 3rd to 4th September 2011

Meeting point: car park No 4 WasserWunderWelt in Krimml 5:00 a. m. return 4.9. 2011, 7:00 p. m.

To sign up: until 26th August 2011 (12:00 by the latest) at the park administration

Tel. +43 (0)6562/40849-34, nationalpark@salzburg.gv.at

Costs: €65,- per person (incl. transfer), additional costs for accommodation and food

Level: challenging, 2-days-tour, adequate for children from the age of 12
 1st day ascent 1800 vertical metres, 2nd day ascent 350 vertical metres

From Neukirchen to Hinterbichl – North-South crossing of the main range

The group crosses the *Obersulzbachtörl* between the majestic peaks of the *Geiger* and the *Großvenediger*. Through the former “Turkish Camp” the tour leads over the “Bleidächer” (plumb roofs) across the *Obersulzbachkees* down into East Tyrol. After a break return with taxi.

23rd July and 20th August 2011

To sign up: until the 15th July or 12th August 2011 (12:00 by the latest) at the park administration

Tel. +43 (0)6562/40849-34, nationalpark@salzburg.gv.at

Costs: €49,- per person (incl. transport)

Level: challenging, 1-day-trip, ascent 1000 vertical metres

From Ferleiten to the Pasterze – spectacular hike in the Großglockner area

Southeast of the **Hohe Dock** we take the high path towards *Bockhartscharte*. Between the *Bärenköpfe* (bear heads) and the *Breitkopf* (broad head) we head towards the *Oberwalder*-hut with great views of some of the highest peaks of Austria. This excursion leads away from the busy paths of the park.

Return to Ferleiten by bus.

Fusch: 16th July 2011

Meeting point: Ferleiten, Tauerngasthof 5 a.m. (appr. time of return 6 p.m.)

To sign up: until 8th July (12:00 by the latest) at the park administration

Tel. +43 (0)6562/40849-34, nationalpark@salzburg.gv.at

Costs: € 40,- per person (including transport); minimum of 7 participants

Level: challenging, adequate for children from the age of 12

Ascent 1800 vertical metres, about 6,5 hours

Mating season of the red deer

During the rut of the majestic red deer – one of the largest animals in the park – the mating sounds hollow through the autumn forest. At dusk the stags compete for their territories and the right to mate with the does. Together with a park ranger you can experience this fascinating spectacle.

Rauris: Tuesday, 13th, 20th and 27th September 2011

Meeting point: Rauris: 6 p.m. at the National Park Center “Kings of the Skies” (Wörth)

To sign up: until the day before the excursion (4 p.m. by the latest) at the park administration

Tel. +43 (0) 6562 / 40849-34 or at the Rauris tourism office Tel. +43 (0) 6544/200 22

Costs: € 6,- per person, € 4,- for children under the age of 14

Level: easy, adequate for children from the age of 8



Traditional hike on the 26th of October – National holiday of Austria Ancient forest of Rauris

Forest is the basic principle of environmental protection. The forest protects our settlement areas against land slides or avalanches, every tree is a barrier.

But apart from this benefit the forest is in first place habitat for numerous plants and animals. Together with a National Park ranger the participants hike along the educational path to the Durchgangssalm and Ammererhof.

Rauris: 26th October 2011

Meeting Point: 9:00 a. m. car park Lenzanger

To sign up: until the day before the excursion (12:00 by the latest) at the park administration

Tel. +43 (0) 6562 / 40849-34 or at the Rauris Tourism Office Tel. +43 (0) 6544/200 22

The tour is free of charge!

Level: medium, adequate for children from the age of 8

ALL INCLUSIVE PACKAGES



Climbing the highest peak of Salzburg – Großvenediger

Climbing the *Großvenediger* via the Northern flank is one of the great experiences in the Hohe Tauern National Park. A certified mountaineering guide will assure a safe ascent and descent on this 2-day tour. If there are enough participants daily start of the tour between end of June and end of September 2011 possible

Registration and more information: +43 (0) 664 / 512 71 17

Price: € 160,- per person including taxi transfers, guide fees, room and board on the hut as well as mountaineering equipment (ice ax, crampons, etc.).

Level: challenging (on summit day 7,5 – 8,5 hours walk)

WINTER IN THE HOHE TAUERN NATIONAL PARK

Also in winter visitors can join our park rangers for special tours. Although many of the peaks and valleys are unreachable due to the risk of avalanches the park administration offers a fine programme that leads you away from the hustle and bustle of the ski areas and offers some real winter highlights. Excursions are on snow shoes – the equipment is supplied by the park administration.

More information: www.hohetauern.at



EXHIBITIONS – INTERACTIVE EXHIBITIONS

National Park Center - Mittersill

The park center was opened in 2007 and features a large interactive exhibition about the eight worlds of the Nationalpark Hohe Tauern. From the glacier dome to the 3-D cinema and the world of the animals of the park this is a good way to find out more about the largest National Park of the Alps and an ideal bad-weather option.

Opening hours: every day from 9 a.m. to 6 p.m.
Entrance fees: € 8,50 for adults, € 4,-- for children
Location: Mittersill

King of the Skies - Rauris

The thematic exhibition offers you the possibilities to find out more about the great glider of the Alps – Bearded Vultures, Griffon Vultures and Golden Eagles. They are the biggest birds in the Alps and an important species in the ecological balance of the Hohe Tauern.

Opening hours: every day from 10 a.m. to 6 p.m. from 1st of May 2011 to 26th of October 2011
Entrance fees: € 4,- per person, € 2,-- for children from 6 to 14 years
Location: Rauris

Emeralds and Crystals - Bramberg

The area of the National Park has always been known for its crystal treasures, find many displays at this exhibition, at the same time you can visit the historic museum in Bramberg.

Opening hours: every day from June to September 2011 10:00 a. m. to 6:00 p. m.
May and October: Tue, Thu, Sun 10:00 am – 6:00 pm
Entrance fees: € 5,-- per person, € 3,-- for children from 6 to 15 years
Location: Bramberg

Secrets of the Mountain Forest - Hüttschlag

Within a mountain forest there are many secrets and ecological connections that are worth exploring. Why does a tree need fungi? Can a spotted nutcracker survive without a swiss stone pine – an vice versa? The exhibition discloses these secrets.

Opening hours: every day in summer 2011 from 10.00 a. m. till 7:00 p. m.

Entrance free of charge

Location: Hüttschlag, Talwirt

Life under Water – Fusch

Opening in summer 2011. Find out about life in lakes and creeks of the National Park and learn about the animals of this habitat.

Opening hours: every day from May till end of October

Entrance fees: with the entrance into the Wildlife park Ferleiten € 7,-- adults/€ 3,5 children

Location: Fusch, Opening August 2011

Tauern Paths – Ferlberturm Museum

Find out about the old trading paths across the Hohe Tauern.

Opening hours: May/October, Sat, Sun, holidays 1:00 p. m .till 5:00 p. m.
June to September, Tue – Fri 10:00 a. m. till 5:00 p. m.
Sat, Sun, holidays 1:00 p. m .till 5:00 p. m.

Entrance fees: € 3,50 adults/€ 1,50 children

Location Mittersill

Glance into the Tauern Window – Neukirchen

Learn about rocks, minerals and ores of the Nationalpark Hohe Tauern at the show mine at the Hochfeld.

Opening hours: 16th May to 8th July 2011: Mon to Fri 11 am – 1 pm
9th July to 11th September 2011: Mo to Fri 10.30 am – 2.30 pm and
Sat, Sun 11 am – 1 pm
12th September to 21st October: Mon to Fri 12.00 – 1 pm

Entrance fees: € 11,-- adults/€ 5,-- children

Location: Neukirchen am Großvenediger

Herbal Garden – Hollersbach

Hear everything about herbs and how to use them at the herbal garden behind the Klausnerhaus.

Opening hours: every day

Entrance free of charge

Location: Hollersbach

Show Cheese Dairy – Krimml

Gain an insight into the traditional production of dairy products.

Opening hours: every day

Entrance free of charge

Location: Krimml Valley, Krimml

Nationalpark Gallery - Kaprun

Without specialist alpine knowledge you are at eye level with the highest mountains of the National Park Hohe Tauern. Free guided tours with a park ranger twice a day from 19th June to mid September

Meeting point: 10:30 am and 1 pm at the Top of the cable car (Gipfelwelt 3000)

Cable car fees: € 32,-- adults/€ 16,-- children

Location: Kaprun